

Updated JAN 2019

### What is SHSM?

Specialist High Skills Majors let students focus on a career path that matches their skills and interests while meeting the requirements of the Ontario Secondary School Diploma (OSSD)

### Why consider SHSM – Health & Wellness

This program enables students to:

- Customize their secondary school education to suit their interests and skills
- Complete sector recognized certifications to build their resume
- Prepare for post-secondary opportunities
- Explore and refine their career goals
- Earn the SHSM Distinction on their OSSD
- Engage in experiential learning with like-minded peers

#### Required Certifications (4)

- CPR level C (with AED)
- Standard First Aid
- WHMIS generic
- infection control

**NEW\*\*\***

#### Sector Partner Contextualized Content (SPCE) NEED 1 of:

- Innovation, Creativity, Entrepreneurship (ICE)
- Coding
- Mathematical Literacy

#### Elective Certifications (min 3)

Include, but are not limited to:

- customer service
- personal inventory
- Safe Food Handling
- wrapping and taping for performance & injury
- conflict resolution
- leadership skills
- sterile techniques
- suicide prevention

#### Possible Reach Ahead / Experiential Learning Field Trips

Include, but are not limited to:

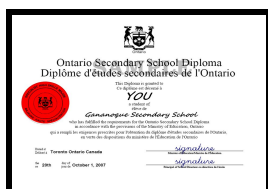
- university/college workshops
- industry tours
- skills competitions
- career fairs
- guest speakers
- Ontario Science Centre
- PARTY program at MSH

### Co-op Placements (minimum 2 credits- ½ a day for 1 semester)

Students apply their learning from an SHSM pathway course in an authentic learning environment.

Future careers may include one of the following (this is not a complete list of careers for this sector):

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| <ul style="list-style-type: none"> <li>● Biomedical Engineering</li> <li>● Medical Secretary</li> <li>● Child &amp; Youth Worker</li> <li>● Nursing</li> <li>● Dentist</li> <li>● Personal Support Worker</li> </ul> | <ul style="list-style-type: none"> <li>● Early Childhood Education</li> <li>● Child and Youth Workers</li> <li>● Pharmacist</li> <li>● Physiotherapist</li> <li>● Hair Stylist</li> <li>● Veterinary Medicine</li> </ul> |
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**APPLY TO SHSM!**  
[bit.ly/YRDSBSHSMapp](http://bit.ly/YRDSBSHSMapp)

<b>Minimum of TWO credits of COOPERATIVE EDUCATION</b>				
<b>Plus Four Major Credits between grade 11 and 12 with a focus in Childcare, Family services, Healthcare, or Fitness</b>				
<b>Grade 11 (select at least 1)</b> <b>ATC30/M-</b> Dance <b>ATP30-</b> Dance: Performance Practice <b>ATB3MM-</b> Dance: Ballet <b>ATM3MM-</b> Dance: Modern <b>GPP30-</b> Leadership and Peer Support <b>HFC3M-</b> Food and Culture <b>HPW3C -</b> Working with Infants and Children <b>HSP3C/U -</b> Anthro/Psych/Soc <b>HRT3M-</b> World Religions <b>PAD30-</b> Healthy Living and Outdoor Activities <b>PAF30 -</b> Personal Fitness <b>PPL30 -</b> Healthy & Active Living <b>PPZ3C/O-</b> Health for Life <b>SBI3C/U -</b> Biology <b>SCH3U -</b> Chemistry <b>SPH3U -</b> Physics <b>SVN3M-</b> Environmental Science		<b>Grade 12 (select at least 1)</b> <b>ATC4M-</b> Dance <b>ATP4M-</b> Dance: Performance Practice <b>ATB4MM-</b> Dance: Ballet <b>ATM4MM-</b> Dance: Modern <b>HFA4C/U -</b> Nutrition and Health <b>HHG4M -</b> Human Development <b>HSE4M-</b> Equity <b>HSC4M-</b> World Cultures <b>HHS4U -</b> Families in Canada <b>HZT4U-</b> Philosophy: Questions and Theory <b>PAF40 -</b> Personal Fitness <b>PLF4M -</b> Recreation & Healthy Living Leadership <b>PPL40 -</b> Healthy & Active Living <b>PSK4U -</b> Introductory Kinesiology <b>SCH4C/U -</b> Chemistry <b>SBI4U -</b> Biology <b>SPH4C/U -</b> Physics * An additional credit of Coop can be substituted as a major * Dual credit (Discuss with Guidance)		
<b>Plus: ONE additional Social Science or Science in Grade 11 OR 12 (Includes a CLA)</b>				
HFC3M	HHG3/4M	HFA4U	HPW3C	HSC4M
HSP3C	HRT3M	HZB3M	SBI3C	SCH3U/4C
SPH3U/4C	SVN3M	ICS3C/U/4C	MEL3E/4E	OLC3/4O
GLE4O	GLS4O	NDA3M		
* An additional credit of Coop can be substituted as a related course				
<b>Plus: ONE Required Math</b>				
MBF3C	MCF3M	MCR3U	MEL3E	
MCT4C	MAP4C	MDM4U/MCF4U/MCV4U	MEL4E	
<b>Plus: ONE Required English</b>				
	ENG3E	ENG3C	ENG3U	
	ENG4E	ENG4C	ENG4U	
		OLC30/4O		

\*Pending Ministry Approval